

Christian Science Sentinel

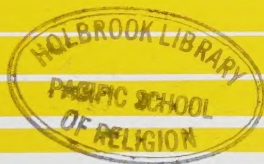
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"What I say unto you I say unto all, WATCH."—Jesus

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[The next issue of the Sentinel, September 12, will include articles and an editorial of special interest to pre-teens.]

Founded in 1898 by Mary Baker Eddy,
Author of the Christian Science Textbook,
Science and Health with Key to the Scriptures



Marca Registrada

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"What I say unto you I say unto all, WATCH." Jesus

Responding to God's Law of Perpetual Good

JEANETTE F. SUTTON

Established beliefs, or laws, pertaining to heredity, weather, food, environment, and so on—these are supposed to determine to a large extent the state of our health and well-being. But one who refuses to give validity to man-made laws and recognizes that he is completely governed by God's law of good, of health and harmony, cannot be affected by them. Mary Baker Eddy, who discovered and founded Christian Science, writes, "Every law of matter or the body, supposed to govern man, is rendered null and void by the law of Life, God."¹

A student of Christian Science who was suffering from a painful foot ailment placed his complete reliance on this religion for healing. There was fear to be overcome, for his work required much walking and other activity.

When his own metaphysical treatment did not result in healing, he requested the aid of a Christian Science practitioner. The prac-

itioner called his attention to a passage in *Science and Health* by Mrs. Eddy that reads, "Let us banish sickness as an outlaw, and abide by the rule of perpetual harmony,—God's law."²

The practitioner and patient recognized that since the discord was an outlaw—unsupported by God's law of good—it was unreal and powerless, having no cause and no divine authority to interfere with normal activity. They both resolved to banish it from thought. They affirmed and reaffirmed the purity, perfection, and completeness of man's selfhood and acknowledged his unity with God, divine Principle, Love. In a short time the Scientist was completely healed.

We find that Christ Jesus gave no heed to material health laws in his ministry. Through his clear comprehension of the changeless perfection of man's being as the likeness of God, he healed diseases of all kinds, including supposedly incurable ones. To a woman who had been severely crippled for eighteen years Jesus said, "Woman, thou art loosed from thine infirmity,"³ and she was healed immediately.

Material sense would have us believe there is a law of heredity that has the power to affect us adversely. We may believe we have inherited erroneous traits, idiosyncrasies, or a tendency to suffer from certain diseases. Since God, divine Principle, is our Father-Mother—our only real, eternal relative—we can inherit or reflect only that which is pure and good.

The realization that God's law is wholly beneficial, and is governing all continually and impartially, nullifies the belief that one can be affected by the so-called law of heredity. Since discords are not caused by God, Truth and Love, the only creator, they are unreal, baseless, and causeless; they are not part of man's true, spiritual identity. The Bible tells us, "Beloved, now are we the sons of God."⁴

God's law establishes the right place and right activity for every individual. Man is continually employed by God to reflect His attributes. Knowing this, one who is seeking employment can wisely refrain from yielding to frustration or discouragement. The recognition that God's law of perpetual good is in control of us and of our affairs makes us receptive of productive, uplifting ideas from divine Mind. These ideas, utilized, provide suitable employment. The Bible says: "Trust in the Lord with all thine heart; and lean

not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths.”⁵

We may be tempted to believe that inclement weather, extremes of heat or cold, or other atmospheric conditions can cause us to suffer. In reality, there is only one atmosphere, that of Spirit, Soul, which is completely harmonious. It includes nothing that can harm or cause discomfort. Man, God's idea, lives in this perfect, spiritual atmosphere. We can know that God's law of perpetual good is with us, governing us wherever we are, that it supports us in right activity and protects us from all inharmony, including adverse weather conditions. The acknowledgment that the universe is under the control of God, divine Mind, helps prevent extreme weather conditions.

Increased spiritual understanding, won through daily study and use of Christian Science, makes us responsive to God's law of perpetual good. Thus we are equipped to meet any problem with calm and the assurance of a right solution. Mrs. Eddy writes, “God is All, and by virtue of this nature and allness He is cognizant only of good.” Farther on our Leader continues: “Mortals have only to submit to the law of God, come into sympathy with it, and to let His will be done. This unbroken motion of the law of divine Love gives, to the weary and heavy-laden, rest.”⁶

¹ *Science and Health with Key to the Scriptures*, pp. 380–381; ² *ibid.*, p. 381; ³ Luke 13:12; ⁴ I John 3:2; ⁵ Prov. 3:5, 6; ⁶ *Miscellaneous Writings*, p. 208.

GOD'S DESIGN

God's design is absolute,
free of a single flaw.
Mind, Truth, Principle,
constitute its law.

Life, Spirit, Soul, impress
its action, freedom, grace.
And Love's enveloping tenderness
holds each in perfect place.

SARA MAY HELDER

There's also a time for reaping

Are You Still Plowing?

JOSEPH G. HEARD

There is an interesting parable in the writings of Isaiah that relates to each one of us.¹ It concerns the work of a farmer, busy applying his knowledge and skill in preparing the soil for various seeds. He must intelligently plan the depth and width of a plowed furrow according to the kind of seed sown. Wheat, barley, rye, are different grains and must be handled differently.

Does the farmer continue to plow all the time? No, there comes a time to sow the seed. And when the harvest comes, the method of threshing fits the grain. There is rough usage for the coarse grain, less bruising for the finer.

There is steady progression in all these activities of the farmer. Each step has purpose. There is no haphazard, accidental, merely repetitious, meaningless, unintelligent action. Even the overturning and harrowing of the ground have a purpose beyond mere disruption or destruction. These are done so the new seed can be sown. The story points to the intelligent direction and purpose God provides for man.

As God helped that farmer, so God, divine Mind, imparts to you and me His infinite intelligence, which helps us work out long-term or short-term needs. We can, with God's help, adapt to successive stages and to differing situations in our life. Our sense of timing and judgment can be under Mind's direction, harmonious.

Christian Science brings the beautiful promise that God, divine Love, illumines our way and forever meets whatever is our need. The New Testament underscores the promise of divine wisdom and guidance with its record of the life and works of Christ Jesus. Think how many ways Jesus was divinely led to solve certain urgent human problems. Truly he is our Way-shower.

How can we apply this timeless, infinite, God-given intelligence,

direction, and purpose in our lives? First, we can acknowledge that the all-wise action of God, infinite Mind, exists; that it is ever present and all-powerful. Then we can establish in thought our unity with Mind as His likeness, insisting that nothing can separate us from Him. Finally, we can listen to the intuitions or ideas of Mind and obey their direction. Through diligent and persistent practice we begin to recognize our God-given intelligence and purpose.

Is this so difficult? Do our times and problems seem too immense for the Almighty? Only when we allow a mortal sense of thought, feeling, or action to sidetrack us. This material-mindedness would come in the guise of our own personal view of reality. It is as though the devil decided to sit down awhile in our consciousness and talk to us by masquerading as our own thought. We need to see ourselves as separate from this false imposition.

"Get thee hence, Satan"² were the strong words Jesus employed. And the devil left him alone. Then angels, those intuitions from God, came to minister to him and direct him. The Master was about to start his three-year healing ministry, which would change the world. He needed divine direction, and he received it, because he refused to listen to evil.

We can do the same.

Mrs. Eddy asks this important question: "Does brain think, and do nerves feel, and is there intelligence in matter?" She begins her answer: "No, not if God is true and mortal man a liar. The assertion that there can be pain or pleasure in matter is erroneous."³ It's important that we assign no voice to evil. When we cease to let evil speak to us, we are free, joyful, able to listen to the God-bestowed ideas that guide and heal us.

But how does one stop the deadening impact of evil in one's life? By understanding that divine Mind exists, is All, and that we express it. Then we don't keep plowing when it's time to be sowing. We don't get bogged down in the problem. We're constantly moving forward to the next step of progress under Mind's unerring direction.

A university student accidentally ran into a wire fence and suffered a deep cut in his leg. He washed, cleaned, and bandaged the wound. All the while he was prayerfully affirming that Mind, infinite intelligence, exists and controls all action; that man forever

expresses the intelligent direction of Mind. Later a friend expressed some concern about the event. The student continued to affirm silently that under Mind's direction every object in creation was forever perfect and in its right place, that there could be no ill effects. He understood his true selfhood, God's likeness, to be untouched by discordant, haphazard action. Within a few days the cut healed and no scar remained. The student was able, by Christianly scientific means alone, to demonstrate God's loving provision in his life.

Instead of bogging down in a frightening material view of life, he was guided by spiritual intelligence, which is God-bestowed. He expressed the Mind of Christ. He discovered within his consciousness the divine wisdom man reflects. This enabled him to solve a problem in a quick and practical manner.

Not only does divine intelligence regulate and heal the body, but it enlarges our capacities as we gain a deeper understanding of man's expression of Mind. Businessmen, scholars, politicians, neighbors, family members, as well as you and I, can escape the confines of material-mindedness and discover new perceptions and strengths.

A salesman encountered a difficult office problem when his manager failed to pay commissions due him. Other salesmen in the office had been troubled by the same problem. It was time to heal a situation that had reached boiling point. Instead of resorting to human methods to force the manager's performance, the salesman turned radically to Mind, "our Father which art in heaven,"⁴ for guidance. He knew this would eliminate any haphazard, accidental, repetitious (other salesmen had tried), meaningless, unintelligent action. God, infinite Mind, imparts to man the intelligence that truly governs all aspects of creation, that assures purposeful, progressive activity in our life.

It came clearly to the salesman to be quiet and just know that Mind actively directs all of creation. In a few days he received his commission check, and the office policy was soon changed so that in the future every salesman would receive justly earned commissions promptly.

The ancient parable is still true. Through divine direction our plowing, sowing, reaping, threshing, are performed with intelligence, good timing, and purpose. Why keep plowing when it's

time to sow? Mind's infinite and orderly progression is forever manifested through man. You and I become aware of this through the spiritual ideas that God reveals to each and every one of His children. If we're listening, we're not still plowing when it's time to be sowing.

¹ See Isa. 28:23-29; ² Matt. 4:10; ³ *Science and Health*, p. 478; ⁴ Matt. 6:9.

Christ's Ceaseless Activity

FAITH GRACE HAASE

Christ's activity is ceaseless. Christ as the healing and saving power of God is operating constantly, working universally, to save mortals from mortality and to heal them of sin and disease.

This activity is largely unrecognized as yet. Mankind believes Christ to be confined to the person of Jesus. It is still held in bondage to fears and limitation because of failure to perceive the spiritual essence, or idea, the Christ, Truth.

Christian Science reveals Christ to be universal and timeless, not limited to an age or a religious sect. The Christ is God's own idea, ever concurrent with His divine demand, "Let there be light."¹ It works undiminished, enlightening human consciousness and awakening it to spiritual realities.

Christ Jesus told his students, "Lo, I am with you alway."² They came to see this statement did not prophesy the forever presence on earth of the human Jesus but the continuous and ever-abiding Christ. The eternal Christ is God's idea of divine power and perfection reflected in man and the universe. Jesus boldly demonstrated this idea, thus meriting the title Christ Jesus.

The Christ has been more apparent at some times than at

others. Moses, Isaiah, and other prophets saw and foresaw this manifestation of God's power and character. Long before Jesus' time, spiritually-minded, God-loving and man-loving individuals saw—and proved to some degree—that the Christ liberates, saves from evil, heals and restores bodily and mentally, and causes us individually and collectively to understand God.

Today Christian Science is saying that the Christ is present to be acknowledged in its fullness and ever-active reality. Mrs. Eddy writes: "There is but one Christ. And from everlasting to everlasting this Christ is never absent." She compares our experience in learning this to Peter's when he tried to walk on the water to go to Jesus and had to cry out for the Saviour's help. "Thus it is," she continues, "we walk here below, and wait for the full appearing of Christ till the long night is past and the morning dawns on eternal day. Then, if sin and flesh are put off, we shall know and behold more nearly the embodied Christ, and with saints and angels shall be satisfied to go on till we awake in his likeness."³

The Christ unfolds to receptive thought the wholly spiritual nature of God and of man, God's likeness. It breaks the bonds of limitation and fear. It lifts hope and faith above the appearances of the physical senses to comprehension of the kingdom of heaven, to recognition of God's goodness, His ever-present government, and His omnipotent love.

As the light of Spirit, the beam of Truth, Christ is more inexhaustible than the sun's rays and more penetrating, too. It penetrates human consciousness, purifying and enlightening, dispersing the darkness of ignorance and disease. This saving activity is not delayed. It is simultaneous with God's omnipresence. We can always become more aware of the perfect, spiritual idea of God by turning our thought away from the material evidence, from fear and doubt, through prayer, spiritual study, gratitude, and joy.

There is no place or time in which the Christ is not at work, transforming human consciousness. Its activity cannot be interrupted, postponed, disrupted, or canceled. It is restful, imperative, and constant. And when the Christ has touched human consciousness, we can know that the healing activity will not leave us. The Christ continues its work. No suggestion of fear, inadequacy, futility, should cause us to doubt God's ever-active healing power.

To be conscious of the Christ is not to think just of Jesus but to realize man's perfect sonship with God, which Jesus exemplified. It is to hold in thought this perfect sonship continually. Jesus was absolutely convinced of perfect Father and perfect son. His life-work was the demonstration of this ideal, and for the salvation of mankind he imparted his understanding to others.

The more each one of us has that Mind—expresses that divine intelligence—which was in Christ Jesus, the more we are aware of the unfailing, healing presence of the Saviour. This true idea of being turns thought away from the earth, mortal history, and genealogy to Spirit as man's only source, creator, and Principle.

Concentrating thought on material evidence or on manifestations of evil, would deprive us of the light of Christly ideas, which are ever at hand to dispel fear, negativity, and despair. These Christly ideas work to inspire human consciousness with practical means to aid our fellowmen individually and collectively. Armed with spiritual truth, we can go forth to do battle against evil suggestions that would deny the presence of God's kingdom.

It was not the person or body of Jesus that made people aware of the Messiah nearly two thousand years ago. It was the healing power and grace of the Christ, which he so fully exemplified. So it is not some material circumstance, personality, or place that reveals the healing action today. It is spiritual sense, pure affection, unselfed love, and grace that do.

It may sometimes seem there is a gap between our acceptance of a spiritual fact and our ability to prove it in healing. When we feel this way, we can be assured that the gap is already filled by Christ, Truth. This is the time to pray more earnestly for a deeper understanding of God's love for man. As we give up the belief that life, substance, and intelligence are in matter and gain the true sense of being as wholly spiritual, we more clearly discern present perfection. The demonstration of the healing Christ does not lag behind spiritual understanding; they are concurrent. There is no gap between God and man, no lag, delay, or interruption of good.

The Saviour of mankind is the same today as in Jesus' time, and it will continue unchanged. This Messiah or Christ is God's revelation of man's perfect sonship, unity, and coexistence with Him. It

is God-impelled and God-empowered. We can live it. We cannot be deprived of it. We can ask of the Christ in Mrs. Eddy's words,

Fill us today
With all thou art—be thou our saint,
Our stay, always.⁴

¹ Gen. 1:3; ² Matt. 28:20; ³ *Message to The Mother Church for 1900*, pp. 7-8; ⁴ *Poems*, p. 29.

Timeless infinitude belongs to Mind

Overcoming the Tyranny of Time

EDGAR F. WRIGHT

Time was invented by mortals, but instead of serving them it often becomes a cruel and relentless tyrant. The limitations imposed by the belief of time impede, hinder, and slow down progress in untold ways. Time seems to tick away unrelentingly, encompassing the beliefs of human birth, growth, maturity, decay, death; it enters into all details of human existence. Mrs. Eddy defines "time" as "mortal measurements; limits, in which are summed up all human acts, thoughts, beliefs, opinions, knowledge; matter; error; that which begins before, and continues after, what is termed death, until the mortal disappears and spiritual perfection appears."¹

God, Spirit, divine Mind, intelligence, cannot be limited by time, because God is infinite and infinity knows no time. The creation of man and the universe in seven days, as related in the book of Genesis, pictures the eternal completeness of spiritual ideas. Time has no place in spiritual ideas, because they always exist *now*. "Seven days" is a figure of speech suggesting the oneness, allness, and permanence of God. All that God created and blessed in those "seven days" was good and remains so. Mrs. Eddy writes: "The numerals of infinity, called *seven days*, can never be reckoned ac-

according to the calendar of time. These days will appear as mortality disappears, and they will reveal eternity, newness of Life, in which all sense of error forever disappears and thought accepts the divine infinite calculus.”²

Christ Jesus’ ministry affords proof of the utter nothingness of time. The records of his healings often contain the word “immediately.” The Master saw man as God had made him. To the sick man at the pool of Bethesda he said, “Rise, take up thy bed, and walk.”³ The Master did not argue either with the physical problem or with the length of time involved. This man had been suffering thirty-eight years. Jesus knew that his Father, God, was all-powerful, ever present; that He knew only *now*, the infinite present. Praying fully and often—living in the certainty of God’s goodness—Jesus was ready for every call for help. The Apostle Paul expressed the same sense of immediate divine presence when he wrote to the Corinthians, “Behold, now is the accepted time; behold, now is the day of salvation.”⁴ This salvation from sin, illness, and mortality is available to us today, through our increased understanding of Jesus’ example and the spiritual unfoldment of Christian Science. “Jesus required neither cycles of time nor thought in order to mature fitness for perfection and its possibilities,”⁵ Mrs. Eddy points out.

Christian Science shows time in its true light—namely, that it is wholly *untrue*—and explains that its seeming reality is the result of the false testimony of the unreal physical senses. Science shows how to uncover this falsity and gain dominion over it. This is accomplished by studying the words and works of the Master in the light of Christian Science and applying what one learns. This Science shows how to heal, and every physical healing is one more proof of the falsity of the tyranny of time. Every such healing opens wide the door to the timeless infinitude of divine Mind, Life, Truth, and Love. Every Godlike inspiration strikes off the chains of limitation. Just as Christ Jesus and others in the Bible have proved freedom from time, so we today can follow the Christly example. Our seeming need for long periods of time to accomplish anything worthwhile will diminish as we gain a timeless love and understanding of God.

“If only I had more time!” is a familiar cry. Actually, it is less

a lack of time than the fear of its lack that influences one. When we turn wholeheartedly to God and demand our birthright—our freedom—fear is destroyed, and the limitations of time are challenged and overcome.

The pure understanding of God's presence, here and now, is what heals. Why, indeed, should the claims of mortal mind that sickness, disease, and bodily injury have a course to run delay our healings? When we can know spontaneously, understandingly, and with supreme conviction that the claim of evil against God is indeed blasphemy, then the material invention of time will cease to be a tyrant.

¹ *Science and Health*, p. 595; ² *ibid.*, p. 520; ³ John 5:8; ⁴ II Cor. 6:2;
⁵ *Unity of Good*, p. 11.

PRAYER

Thank you, dear Lord,
for this amazing now
that celebrates
all good as possible
and all that's possible as good.

Thank you for Love that's unconditional,
Soul without crisis of identity,
Truth knowing what is true of man
without analysis of dreams.

God makes His likeness now and evermore;
this is the whole of man, of me.
"Thou art the child of God" explains
my history.

Thank you, dear Lord,
for this amazing now . . .

DARREN STONE NELSON

Making Spiritual Treasures Our Own

CYRIL ALEXANDER BARBER

Merely to know about the healing and saving resources of truth is not enough. We must make them our own. Jesus urged, "Lay up for yourselves treasures in heaven."¹ And Mrs. Eddy describes these treasures: "More than regal is the majesty of the meekness of the Christ-principle; and its might is the ever-flowing tides of truth that sweep the universe, create and govern it; and its radiant stores of knowledge are the mysteries of exhaustless being." Then she adds significantly, "Seek ye these till you make their treasures yours."²

Christian Science shows that heavenly treasures are simply spiritual ideas. When we accept them by listening to God, studying Scripture and its scientific interpretation, we put on power to drive evil out of our lives.

God being the only Mind, there are no true ideas except His. Any thought, any view of man or the universe, that is less than perfect is untrue because it contradicts the perfect creator's handiwork.

Each of us is, in reality, forever unfolding within the divine consciousness as God's loved idea, man. Divine Mind cherishes us perpetually. When we know this, we do not merely struggle intellectually to account for the falsity called evil, or error, which is always a misconception of ever-present good. Instead, we rejoice in our God-bestowed power to banish illusive evil. We follow the example of the Saviour, Christ Jesus, who destroyed the afflictions of the sick, the maimed, the blind, by beholding the perfection of the Father's kingdom of spiritual reality, the only kingdom, and refusing to acknowledge any imperfection in it.

Most of us have times of special illumination of that kingdom, joyful insights into spiritual reality. Even a much-loved truth will

sometimes light up with new significance, come closer to our heart, transforming our day, our jobs, our contacts with others. But how can we make the most of uplifted moments or hours, gain from them maximum spiritual strength for less exalted periods? By prayerfully dwelling on the thought that has inspired us.

For example, suppose the truth that God loves us has appeared to us with fresh force, renewing our hope and courage. Instead of merely enjoying this blessing, we can gain a stronger grip on it by pondering it, thus letting our understanding of it continue to unfold.

"God loves us" includes three concepts. Each can be pondered, in its context, in the light of Truth.

God — Christian Science shows us that God is infinite Mind and man His idea. So we're not just imperfect mortals whom He loves. Each of us is actually a beloved, unique expression of His own being.

Loves — The Bible reveals that the infinite God is Love. Infinite Love can't be split up into finite parts. Therefore God loves every idea that He has created—including you and me—infinity! To be loved by God—that is a thought precious to all Christians. But do we really understand that we are loved by Him without limit or cessation, from everlasting to everlasting? If we stay with this tremendous fact, it must surely transform our human outlook and way of life. For one thing, we begin to see that since we are loved forever by the Almighty as His self-expression, there is nothing for us to fear.

Us — This small word leads thought outward. In the infinite unity, or oneness, of God and man, divine Mind and idea, there cannot exist any small, separate I's or egos. In fact, God's redemption of mankind is the replacing of this human sense of many small, imperfect egos with the understanding that there is only one Ego. And God, the only I, loves equally every created expression of Himself, including the individual, spiritual selfhood of you and me. Divine Love expresses comprehensive, universal love through each and all of us as His expressions. This in turn means that all God's ideas live in harmony. And this basic fact, realized, must finally heal and harmonize all human relationships.

When we allow any truth that has exalted us to unfold further

by pondering it in some such way as the foregoing, we strengthen our grasp of it. We extend its blessings more powerfully into our everyday life. We make that spiritual treasure our own. And so we are increasingly equipped with the Christly consciousness that can master whatever challenges our progress homeward to God.

¹ Matt. 6:20; ² *The First Church of Christ, Scientist, and Miscellany*, p. 149.

Nature: Its Superlative Original

BEATRICE M. JEWITT

Someone who has not been studying Christian Science very long said to me, "I can accept that the mortal self is unreal—a false concept of man—but I simply cannot bring myself to accept that the flowers I love have no reality." Another friend, although she has been studying Christian Science for many years, feels a similar reluctance about everything in nature and admits that she really doesn't want to see these things in any other than the physical-sense way, which, she says, is so inexpressibly beautiful.

We need not stop with the thought that beautiful things are unreal. We can immediately go on to understand the spiritual fact as the reality behind each bird or flower or tree. How naturally Christ Jesus drew lessons from nature! The spiritual fact hinted by what we see around us is the expression of God, and its beauty must be superlative—beyond anything the human mind could realize.

The true, spiritual idea of a flower or a bird or a tree—or of anything—is more satisfying than the material concept. Mrs. Eddy says, "Beauty, as well as truth, is eternal; but the beauty of material things passes away, fading and fleeting as mortal belief."¹ So our love of material beauty must always be at least tinged with sadness.

In most of nature there is an element of evil or inharmony; for example, according to human lore, a lovely flower can cause hay fever or be poisonous, many plants have thorns, and certainly animals and birds are often predatory.

But when we understand that, as Mrs. Eddy says in *Science and Health*, "metaphysics resolves things into thoughts, and exchanges the objects of sense for the ideas of Soul,"² we find "the ideas of Soul" to be entirely satisfying; they last and are totally good.

Contemplating and loving this world's beauty in this light brings us nearer to the source of all real and lasting beauty. Love of nature can be a way of approaching God and can be a result of our appreciation of the truth in the lovely biblical verse about God: "How great is his goodness, and how great is his beauty!"³ Mrs. Eddy writes, "When we learn the way in Christian Science and recognize man's spiritual being, we shall behold and understand God's creation,—all the glories of earth and heaven and man."⁴

A growing knowledge of Christian Science enables us to enjoy more and more the glories of earth. In the dawning realization that we express God Himself, we find that the color and form we see around us have ever more meaning as symbols of spiritual truth. This growing understanding removes any sadness contingent on our awareness of the imperfections of everything material and mortal. Thus our vision is prepared for the unblemished, transcendent loveliness of reality. Paul glimpsed it: "Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him."⁵

As we grow in spiritual understanding, gradually perceiving more of what is true until the things of God are appearing in all their glory, we rejoice that nature, so beloved, points to the infinitely greater beauty of its spiritual original—divine reality.

¹ *Science and Health*, p. 247; ² *ibid.*, p. 269; ³ Zech. 9:17; ⁴ *Science and Health*, p. 264; ⁵ I Cor. 2:9.

Astrology— Exposing Its Claims

PETER NILES SPOTTS

Christian Science exposes the falsity of astrology and proves with accuracy and consistency our freedom from stellar control.

Fundamental to this exposé is an explanation of God and man and their relationship. God is perfect, infinite, eternal; He is all-powerful, omniscient, and omnipresent. Man is God's image, reflecting every one of His attributes.

The picture of man as a limited mortal, subject to evil influences, stems from the false belief of mind and life in matter. Reverse this false picture with the truths of Christian Science, and the difficulties that stem from such an error begin to vanish. What remains is the true, unbroken picture of perfection.

Astrology includes several concepts fundamental to its theory: that the planets—matter—are true substance and power; that the movement of the planets in conjunction with the stars has an effect on or governs man; that it is possible for divine law or destiny to be revealed through matter, the planets; and that because these first three concepts are true, man's life is dependent, at least in some measure, on the planets.

Is matter true substance, and does it have power? This statement of Mrs. Eddy's provides a thought-provoking answer: "Whatever simulates power and Truth in matter, does this as a lie declaring itself, that mortals' faith in matter may have the effect of power; but when the whole fabrication is found to be a lie, away goes all its supposed power and prestige."¹

Indeed, the belief in any power opposed to God, Spirit, is a flagrant violation of the first commandment, "Thou shalt have no other gods before me."² All power is in Spirit, God, alone—the sole Principle of all that is real. And all that is real is spiritual, not material.

Well, then, what about material law? Could man's existence be governed by laws based on the motions and positions of the planets and stars? There is only one lawmaker, one Principle, God. His law of perfection and harmony is the only genuine law there is. Because man is governed by God alone, his life is no more governed by the position of planets and stars than it is by the position of rubber erasers on a stationer's shelf! The only law, the only power, governing man, is God.

Can astrology reveal the divine will? In *Science and Health* Mrs. Eddy explains that Christ reveals truth: "Christ is the true idea voicing good, the divine message from God to men speaking to the human consciousness."³ The Christ enables us to know and do the will of God. Trying to find the divine will in matter, through reading the planets, is really a form of pantheism!

Because the planets don't govern man and because they are not God's means for revealing His will, our identity is not determined by a sign of the zodiac. Man is eternally the son of God, the infinite reflection of divine Love.

Christ Jesus proved the superiority of God's power and government over the beliefs of materiality that form the foundation of astrology. He proved the powerlessness and lack of substantiality of matter by stilling the wind, walking on water, healing the sick, raising the dead. He taught the truth of God's nature and the proper method of worshiping the Father when he said, "God is a Spirit: and they that worship him must worship him in spirit and in truth."⁴ In redeeming the sinner, Jesus revealed man's true identity as a pure idea governed by God.

We can all be grateful for the freedom that an understanding of God and man can bring from the limitations that astrology would place on us. You are God's child, governed by Him alone. This is true identity, and you never need to go through an intermediary to find the joy and well-being that are your divine right.

¹ *Miscellaneous Writings*, p. 334; ² Ex. 20:3; ³ *Science and Health*, p. 332; ⁴ John 4:24.

Unblemished Beauty

Margaret B. Heffernan

After several years of trying to handle a poor complexion by cutting out certain foods, I suddenly saw one day that there was a direct relationship between thought and the body. In my own case, a connection between losing my temper and the appearance of a new blemish. "Aha," I thought, "if I can just stop losing my temper" That was the beginning of my healing, and it went a lot deeper than my skin.

I needed to see myself in a whole new light. This spiritual insight brought a newness to my life. Mrs. Eddy, who discovered Christ Jesus' method of spiritual healing and named it Christian Science, explains, "The body is governed by mind; and mortal mind must be improved, before the body is renewed and harmonious,—since the physique is simply thought made manifest."¹

But it wasn't human will that erased the ugly traits of character. It was the Christ—"the divine manifestation of God, which comes

to the flesh to destroy incarnate error,"² to use Mrs. Eddy's words.

As I worked to express the Christ more consistently in everything I said and did—to bring out more temperance, patience, understanding, kindness, gentleness, gratitude, and love—in direct proportion did more harmony come into my entire experience. And this harmony became apparent in a better complexion. It's a rewarding adventure to clear out ugly thoughts and replace them with beautiful, spiritual qualities of thought. That's the real healing.

We all need to keep in mind our perfect selfhood, inherited from God. As God's reflection, we are at the standpoint of perfection at this very moment. We don't have to labor to reflect God's perfection any more than we have to labor to see ourselves in a mirror. We merely have to accept perfection.

God, our real Father, never made a tumultuous or confused mortal. He never made a self-conscious teen-ager suffering the consequences of becoming an adult. He never gave food power over man, nor made man a mortal bowing down to it.

What He *has* made are perfect ideas, perfect spiritual children, who reflect His purity, serenity, joy, and freedom. And it's up to us to nurture these qualities in consciousness and express them in our daily activities. Doing so, conscientiously, brings healing, radiance, and beauty into the human picture: "The divine Mind, which forms the bud and blossom, will care for the human body, even as it clothes the lily; but let no mortal interfere with God's government by thrusting in the laws of erring, human concepts,"³ Mrs. Eddy tells us. When we're thinking and expressing good thoughts, there are no bad thoughts present to draw their pictures on us. Only good will shine through, in all its freshness and beauty.

"Canst thou by searching find out God? canst thou find out the Almighty unto perfection?" The author of Job answers these questions: "If thou prepare thine heart, and stretch out thine hands toward him; if iniquity be in thine hand, put it far away, and let not wickedness dwell in thy tabernacles. For then shalt thou lift up thy face without spot."⁴

¹ *Miscellaneous Writings*, p. 34; ² *Science and Health*, p. 583; ³ *ibid.*, p. 62; ⁴ Job 11:7, 13-15.

Editorials



GEOFFREY J. BARRATT
Editor

NAOMI PRICE
Associate Editor

NATHAN A. TALBOT
Associate Editor

A Place of Sanctuary

Most of us, at one time or another, have needed a place to hide. Perhaps we made, without thinking, a regrettable comment in someone's presence and wished we could have simply slipped from sight. Victims of crime wish for a safe place from assailants. Natural disasters, such as earthquakes and hurricanes, send people into hiding.

Usual places of refuge have their limitations. But there is a safe sanctuary regardless of the kind of threat one may face. Neither time nor space separates us from it. It is fully secure. It is the true nature of man. Man is not a physical location we escape to but the spiritual identity we are blessed by. Man is the child of God. The term "man" describes who we really are from Spirit's point of view—our true identity, "hid with Christ in God."¹ The term "matter" includes what we seem to be from an ignorant and personal viewpoint.

This spiritual sense of man is a sanctuary, a sacred place of refuge. Isaiah tells us, "A man shall be as an hiding place from the wind, and a covert from the tempest; as rivers of water in a dry place, as the shadow of a great rock in a weary land."²

Failing to understand the nature of man, people normally look to matter as a place of refuge rather than to man as a position of security. Man is entirely spiritual. He is fully expressive of and embraced by Spirit, God. The security offered by matter is false because it is the opposite of Spirit, the only reality. God and His creation are wholly perfect. Man exists as a substantial, definable identity, but he isn't in or of matter.

As one begins to realize his true nature—the man Spirit made and includes—he will discover that this spirituality is an impenetrable shield. No phase of materialism can pierce it.

Finding a hiding place in materiality is somewhat like the legendary ostrich that buries its head in the sand to escape from disagreeable situations. While reasonable human precautions may be taken in times of danger, still, people are often placed in circumstances where there is simply inadequate protection or no time to find shelter. In such instances they can find their security in an understanding of the real man. And as we grow in our ability to prove the validity of this kind of protection, we realize that ultimately it will be the only defense necessary.

Discerning the spirituality that is the true substance of man shields us from mortal belief. In God's immortal presence there is no destructive or violent power. He is All, and His creation is intact. As real and awesome as material circumstances may appear, they belong to the realm of mortal concepts. The realization of our true selfhood as man does not shelter us from reality. Man is an individual *expression* of reality. Perceiving his role as man, one is not ignoring challenges. He is truly overcoming them.

How does one learn to take advantage of this wholly different kind of hiding place? How does he come into the light of reality where there is no hostility, no destructiveness, no regrettable condition? In short, how can one find his true nature as man and understand it sufficiently that it becomes a permanent protection to him? Christian Science reveals the answer to be in an understanding of God. God is ever present. He is eternally unchanging. His creation represents His completeness and goodness. God is Love, and Love's allness leaves no room for discord. God is substance and can never be disrupted. God is infinite, and there is no place where He is not expressed.

Man is specific, holy evidence—even proof—of God's nature and presence. And so to find our security in this truth of man is to place ourselves in the position of expressing God, reflecting His perfect nature. More exactly, we could say that our realization that we are, at this moment, the blessed and preserved image of God serves as a protecting, shielding power from discordant beliefs.

The Christ—Love's tender, healing message to mankind—opens our eyes to the fact that man is in the sustaining presence of divine Love.

Every individual can be shielded from stormy human conditions, whatever source they appear to come from, be it weather, personality conflicts, accident, or contagion. The understanding of our true nature as man is there to hide us because God is there expressing Himself. Mary Baker Eddy, in her tender care for her followers, wrote of those who worship God aright, "Thus founded upon the rock of Christ, when storm and tempest beat against this sure foundation, you, safely sheltered in the strong tower of hope, faith, and Love, are God's nestlings; and He will hide you in His feathers till the storm has passed."³

How blessed is man to be so cared for by Love! And how blessed we are as we begin to understand and appreciate this fact.

As we learn more of the nature of man as the expression of God, we find ourselves less often retreating to a hiding place in materiality and more likely advancing to a hiding place in spirituality—the true nature of man.

NATHAN A. TALBOT

¹ Col. 3:3; ² Isa. 32:2; ³ *Miscellaneous Writings*, p. 152.

Receptivity to Treatment

A glass vase broke and the palms of both my hands were severely cut. Immediately someone telephoned a Christian Science practitioner to give me treatment. Then as I sat, with both hands outstretched on a towel, the comment was made that I certainly appeared to be receptive to God's goodness and expectant of receiving an overflowing blessing—and indeed, the physical posture was indicative of my mental state of expectancy.

Within minutes the bleeding stopped, and next day the evidence of laceration had so subsided that the hands were able to be used for every normal purpose—household duties, typing, driving the car. Very soon no scars remained.

The mental attitude of one who asks a Christian Science practi-

tioner for help can be significant. Expectancy of healing, willingness to be healed, faith in the healing power of the Christ, Truth, brought to bear on the particular need through the pure thought of the practitioner—these are qualities in the thought of the patient that will help to bring the desired effect of establishing health and harmony.

When the woman who had suffered a hemorrhage for twelve years pushed her way through the crowds and touched the hem of Christ Jesus' robe, the Master mentioned her receptive state of thought and healed her instantly. "Daughter, be of good comfort," he said to her; "thy faith hath made thee whole." And the narrative continues, "The woman was made whole from that hour."¹

But Jesus also healed people who did not display such faith in his power to help them. The man at the pool of Bethesda, who had been crippled for thirty-eight years, was pinning his faith on the supposed curative power of the water in the pool rather than on Jesus. Yet he was healed through the Christ-power. He had a sincere desire to be free and had been trying for years to get his freedom.² Can the modern seeker for healing through Christian Science say that he has an equally burning desire not only for physical healing but also for the deep overturning of human thought that may be necessary to give place to the Christ? The wish for the regeneration leading to the healing, if genuine and urgent, is evidence of receptivity and will aid the healing.

The first few pages of the chapter "Christian Science Practice" in *Science and Health with Key to the Scriptures* are devoted to illustrating the Christly qualities required by the successful Mind-healer. A discerning student of this book might also conclude that many of these same spiritual qualities, if cherished in the thought of the patient, would render him receptive to the treatment he has requested.

In these pages Mrs. Eddy highlights the humility and consecrated desire for good to be found in the thought of the woman, later called Mary Magdalene, who anointed Jesus' feet with oil in the house of Simon the Pharisee. Comparing the more arrogant thought of Simon with the woman's apparent state of repentance and her tender gesture of hospitality to this man who represented

the Christ, the true idea of God, Mrs. Eddy writes: "Which was the higher tribute to such ineffable affection, the hospitality of the Pharisee or the contrition of the Magdalen? This query Jesus answered by rebuking self-righteousness and declaring the absolution of the penitent."³

A Christian Science practitioner may sometimes voice a simple statement of truth, quote a passage from the Bible or Mrs. Eddy's writings, recommend prayerful study of a spiritual idea that seems appropriate to the need. The patient's response can be important, hastening or hindering the cure. Humble, earnest desire to learn more—eagerness to gain deeper insights into a spiritually scientific thought—indicates a mental state more likely to promote healing than the self-righteousness that makes one say or even think, "I know all that. I always tell others that when they ask *me* for help."

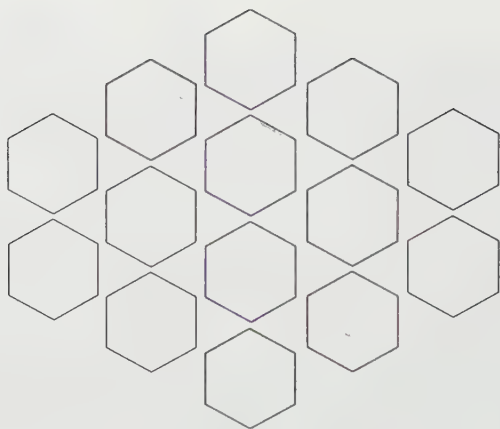
Confronted by an apparently unreceptive state of thought in a patient, a practitioner may recognize that this is the very claim of mortal mind that is primarily in need of healing. Such hardness of heart does not belong to the real man created by God. Pride and personal sense are foreign to the true nature of the expression of Soul, which is the actual identity of the individual requesting help. These undesirable traits, which are apparently holding up healing, must be seen by the practitioner as impositions—false evidences to be dissolved through loving recognition of truth.

Mrs. Eddy writes: "Willingness to become as a little child and to leave the old for the new, renders thought receptive of the advanced idea. Gladness to leave the false landmarks and joy to see them disappear,—this disposition helps to precipitate the ultimate harmony."⁴

Is healing slow to come? Both patient and practitioner may well ask themselves if reluctance or resistance, self-righteousness or pride, are stumbling blocks in the case. In truth the real man, the reflection of God, is invariably obedient to God's law, inevitably receptive and responsive to Principle's demand for perfection. This fact understood may well clear the way for perfect cure.

NAOMI PRICE

¹ Matt. 9:22; ² See John 5:1-9; ³ *Science and Health*, p. 364; ⁴ *ibid.*, pp. 323-324.



A CHURCH WHERE YOUR SUPPORT IS NEEDED.

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Clerk of The Mother Church, The First Church of Christ, Scientist
Christian Science Center, Boston, MA, U.S.A. 02115

Testimonies of Christian Science Healing

I have much reason to be grateful for Mary Baker Eddy's contribution to the world. I am indeed enjoying the highest concept of health and better, more rewarding, productive activity in my profession. I would like to tell of my entrance into a teaching career and of a healing of deafness.

Upon graduation many years ago, I had fulfilled the necessary requirements for a teaching certificate. However, a few days before graduation, the education department chairman called me into his office and recommended that I consider another field. He was quite distinguished in educational circles. Having already discussed my qualifications with other members in the department, he felt I was too nervous to assume teaching responsibilities. In addition, he refused to recommend me for any teaching assignment.

Arriving at home, I proceeded to look up references from Mrs. Eddy's writings on *occupation*, *fulfillment*, and *progress*. She tells us in *Science and Health with Key to the Scriptures* (p. 239), "To ascertain our progress, we must learn where our affections are placed and whom we acknowledge and obey as God."

It became clear to me as an inner conviction, or a still small voice, to continue my search for a teaching position. None appeared. It also became clear to me that my understanding of God's direction did not lead me only part of the way. There was a complete answer.

Once again I returned to a study of *Science and Health*. Here Mrs. Eddy writes (p. 275), "The starting-point of divine Science is

The statements made in these testimonies with regard to healings have been carefully verified. The original testimonies and their respective verifications are on file for reference with The Christian Science Publishing Society.—THE EDITORS.

that God, Spirit, is All-in-all, and that there is no other might nor Mind—that God is Love, and therefore He is divine Principle.” I continued looking for a teaching assignment, consistently returning to this statement as a “starting-point” for spiritual support. Constantly persisting in the quiet strength and effectiveness of the infinite Mind and recognizing that the spiritual always dominates the negative and material, I obtained an excellent teaching position, which I held for many years. Now, in retrospect, I have been a teacher for some seventeen years and have enjoyed outstanding assignments that have expanded into writing projects involving innovative teaching methodology. Teaching has been a rewarding career for me, and I owe my success to inspiration found in Mrs. Eddy’s writings.

As a youngster I had enjoyed many swimming activities. But as the years passed, I had frequent hearing difficulties for weeks at a time, whenever I went swimming. To me, in that earlier period, it was easier not to engage in water sports.

During the past summer, after completing a busy working schedule, I was invited to visit friends who live close to the ocean, and I chose to enjoy swimming with them. Later, at a check-out counter at a food store, I was unable to hear the cashier. I could only perceive the motion of her lips.

Immediately, at home I declared “the scientific statement of being,” loved and learned by Christian Scientists. Emphasis was placed on the first portion (*Science and Health*, p. 468): “There is no life, truth, intelligence, nor substance in matter. All is infinite Mind and its infinite manifestation, for God is All-in-all.”

The next day I enjoyed partial hearing, but I refused to stop halfway in this important demonstration. With the support of “the scientific statement of being,” I held to the idea that true hearing is not dependent on an organ capable of being rendered inoperable from time to time, but is a divine faculty created by God for His purposes. Embracing the idea in thought of God as my origin, and of His bestowals as permanent, and becoming more identified with this as truth, I had a complete healing. I now enjoy swimming without fear, and water has no harmful effects on my hearing.

I am grateful to God for the example of Christ Jesus, the Master, and for Mrs. Eddy, the Discoverer and Founder of Chris-

tian Science; I am grateful for the many periodicals published by The Christian Science Publishing Society; I am also grateful for these growing experiences that teach us the *how to* in applying the rules of divine Principle to our needs.

JACK E. LAUGHLIN
Norwalk, Connecticut



Whilst I am not a member of The Mother Church nor any branch Church of Christ, Scientist, I had from the age of sixteen years attended the Christian Science Sunday School and continued to read sporadically *Science and Health* by Mrs. Eddy, along with other Christian Science literature. Whenever in a tight spot, whether aware of it or not, I would naturally apply spiritual truths taught in Christian Science.

I would like to relate a healing of my teen-age daughter five years ago of what is known medically as viral encephalitis. The illness occurred a few days before Christmas, and my daughter, who was on school holidays, telephoned me at my office during the morning to say that she was ill with alarming symptoms. As the condition appeared serious and my daughter was under eighteen, I had to conform with the law in this country (Child Protection Act). I telephoned the doctor who had attended her birth. The diagnosis was grave, and hospitalization in isolation was necessary. The doctor spoke of possible serious aftereffects. By this time the picture painted by him filled me with fear. I telephoned a Christian Science practitioner, giving her all the details of the case. She comforted me and gave me confidence in the fact that this girl was safe in the protection of divine Love. This proved to be true.

There was no medical cure, according to the doctor, but he said my daughter would have to remain a full three weeks in isolation under observation.

I kept *Miscellaneous Writings* by Mrs. Eddy in my daughter's locker at the hospital and read from it when visiting her. Although she still appeared to be a very sick girl, I clearly remember the feeling that God, infinite Love, was with us and the calm assurance that pervaded my whole being whenever I visited her or thought of

her. When relatives and friends anxiously inquired of her progress I would assure them that all was well. Sometimes, after such loving inquiries, fear would intensify its arguments, but I stood firm, knowing that Mind, God, was in control.

I am grateful to relate that after two weeks my daughter was allowed to go home, and when I thanked the doctor his words were, "My dear, I could do nothing for her." Pointing above, he added, "That is who you must thank." I am most grateful for the spiritual truths and help from the devoted Christian Science practitioner whose firm declarations helped sustain me through this trying time.

At the end of the Christmas vacation my daughter returned to school and passed her final examinations with merit, proving once again the mortal mind suggestions to be powerless.

This healing naturally made me intensify my study of Christian Science, and I am so grateful for a wonderful sense of God's ever-loving care of His perfect creation. My humble prayer is for such continued spiritual growth in grace and truth that I may daily, at all times and in all circumstances (no matter what the mortal picture may present), see only the man that God created—whole, perfect, and complete.

(Mrs.) AVIS JOAN BAILLIE

Pietermaritzburg, Natal, Republic of South Africa



A few years ago I was faced with many physical problems, one of which was double vision. It was necessary for me to stop working because it was dangerous for me to drive back and forth to work.

At this time I was asked to be librarian at our Christian Science branch church Reading Room. After giving this a great deal of prayerful thought, I agreed to accept the post. Each day as I went to the Reading Room, I sang hymns from the *Christian Science Hymnal*. Especially inspiring was one that begins with these words (No. 139): "I walk with Love along the way." With the help of a Christian Science practitioner, I prayed to spiritualize my concept of my brother men. I was believing I could see two men—the

mortal concept and the immortal, spiritual idea of God's creating. Once this was realized, I endeavored to see the true man, the perfect idea of God. As my thought cleared and I was no longer trying to focus in two directions, spiritually and materially, I better saw only one man, the man of God's creating; and with this progress toward a more enlightened understanding I was healed.

I am grateful for the Christian Science practitioner who worked with me, and for Christian Science teachers who continually help their students to overcome material limitations. I am grateful, too, for the support we receive from all provisions for our enlarged understanding of God and His law supplied by the Christian Science movement—such as the Bible Lessons in the *Christian Science Quarterly*, and the Christian Science lectures and periodicals, which make our study of this Science so meaningful.

(Mrs.) HAZEL J. KAPELANCZYK
Baltimore, Maryland



In a healing of our son there was such a feeling of elation, of joyous confidence, that what Mrs. Eddy wrote in her books is true: man's true substance is spiritual, and God is all-powerful Love! Our joy prompts me to share this testimony.

Easter Sunday, 1976, our son was attacked by a dog. It appeared serious. When he first came in the house, I covered his face with the dish towel I was using, in order not to be impressed by the evidence. However, in the bathroom I was so shaky that I had to let my husband do the bandaging while I called a Christian Science practitioner for help. The practitioner's response was immediate, and I felt calm.

After the child was cleaned up, I laid him down and began to pray with him. We talked about the significance of the Easter season and Jesus' proof that life is not in or controlled by the body. God is man's Life. We both agreed that the dog was also governed by God, and we never felt any animosity toward it. I reminded my son of what Mrs. Eddy says (*The First Church of Christ, Scientist, and Miscellany*, p. 210), "Beloved Christian Scien-

tists, keep your minds so filled with Truth and Love, that sin, disease, and death cannot enter them." Our whole family prayed, and so did those who witnessed the accident.

Monday morning the face was knit together, but we kept our son home from school. Tuesday he went to school, and Wednesday night I was able to give a testimony at our branch church, because there was only a scratch left. You can imagine our gratitude for this proof of God's presence!

We are so grateful to be students of Christian Science, for class instruction, for Christ Jesus, the Way-shower, for Mrs. Eddy and her many works, and above all for our Father-Mother God.

(Mrs.) DIANA J. USREY
Vista, California



The conviction that God is all-power and that matter is really nothing—indeed, nonexistent—unfolds a little at a time through study, prayer, and practice of Christian Science. This conviction began in my life with a healing I had at the age of six. My mother, a longtime Christian Scientist, entered me in the Sunday School at age three when I was already eager to attend. There I learned the simple truths that God is Life and Love, and of the power of God that heals. I was told I was God's child.

After falling from a high place I became very ill. My father, who was not a Christian Scientist, asked that a doctor be called in to examine me. The case was diagnosed as blood poisoning, and the physician urged my parents to hospitalize me or he wouldn't be responsible for my survival. It was then and there that I refused any medical help and said I wanted only God's help. Mother prevailed upon Dad to let her call a Christian Science practitioner to treat me through prayer.

One day I reached a crisis. I was delirious with a high fever. My father was very fearful and insisted that something different be done. Large boils were on my body, and one in particular was the most troublesome. He prepared some hot, wet cloths to apply to the boil. He was inches away from it with the application when the boil opened and drained. I quickly regained consciousness. The

mesmerism was broken. After that, it was healing all the way. Sometime later, the same doctor stopped at our home to inquire about me and was surprised to learn that I was alive and well.

The high fever had caused a total loss of hair, but I soon grew a thicker and better crop than before and was stronger and in better health. Although I had missed school, my sister was given permission to teach me during the summer months. I joined my class in the fall without any setback.

Since then I have had many proofs of God's healing power and presence. Most of all, I have been extremely grateful for His guidance, wisdom, and protection in daily affairs. Mrs. Eddy established the Bible Lesson in the *Christian Science Quarterly*, and she designated the Bible together with the textbook, *Science and Health with Key to the Scriptures*, which she wrote, as our only preachers. Study of these books helps us daily, even hourly, lift our thought above human discord to realize man's perfect unity with God. She says (*Science and Health*, p. vii), "To those leaning on the sustaining infinite, to-day is big with blessings." This, to me, is the keynote and basis upon which each day unfolds.

As my husband and I met under rather unusual circumstances, I have always felt that God placed us in the right place at the right time. He had never heard of Christian Science before, but after attending several church services and Christian Science lectures with me, he started to study *Science and Health*. After we married, he joined The Mother Church and the branch church where I was a member. Mrs. Eddy's statement (*ibid.*, p. 60), "Kindred tastes, motives, and aspirations are necessary to the formation of a happy and permanent companionship," has proved to be the blessing that has welded our marriage.

In Proverbs we read (10:22), "The blessing of the Lord, it maketh rich, and he addeth no sorrow with it." This accurately expresses our feelings in regard to the joy of raising our daughter with the ever-constant help of Christian Science. Christian Science treatment was sought many times during my pregnancy, as I seemed to be having a difficult time. At three months, there were all of the symptoms of labor. With the prayerful help of a practitioner, this was stopped. I was shown that when we begin to realize

that creation is already complete in infinite Mind, God, we can be assured there is no other mind that can miscarry or lose the divine idea. There is no false belief that can bring about a miscarriage or loss of Mind's activity and control; therefore, all is well in Mind.

At seven months, labor started, and again this was stopped through prayer. I was able to go full-term without any further complications. The day before our daughter's arrival (she arrived on Thanksgiving Day) Hymn No. 342 in the *Christian Science Hymnal* was constantly with me. The first lines read:

This is the day the Lord hath made;
Be glad, give thanks, rejoice;
Stand in His presence, unafraid,
In praise lift up your voice.

All physical problems as well as any other challenges during our daughter's childhood were taken up prayerfully and solved without resorting to medical or other material means.

Church membership has been an opportunity for spiritual growth, teaching me to listen more intently for God's direction. Increased humbleness, patience, tolerance, obedience, and love for the Cause of Christian Science are some of the benefits gained. I am deeply grateful for the dedicated work of practitioners and for class instruction.

Daily I pray that the whole world recognize and feel the healing effects of Christian Science, which is being practiced worldwide by consecrated students of this Science. I sincerely appreciate the fact that Mrs. Eddy established our church on the firm, changeless foundation of divine Principle, Love.

(Mrs.) JUNE A. SCHWAN
New Berlin, Wisconsin

I gratefully verify the healing that took place during my wife's pregnancy and the effectiveness of prayer in raising our daughter. I now enjoy the blessings of Mother Church and branch church membership, because of my wife's and my meeting, and I am daily more grateful for the changes this has brought to my thought and life.

ROBERT W. SCHWAN

[Original in German]

“I will praise thee; for I am fearfully and wonderfully made: marvellous are thy works; and that my soul knoweth right well” (Ps. 139:14).

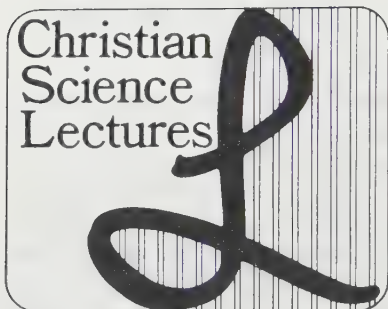
In my youth a dear acquaintance told me of Christian Science. At that time I was suffering from a stubborn case of eczema on my hands and forearms. Help and advice from various medical doctors, as well as a hospital stay of several weeks, did not bring about any healing. Finally I went to a Christian Science practitioner and requested prayerful treatment. I began to read Christian Science literature in order to recognize the good, and God’s spiritual creation. Mrs. Eddy writes (*Science and Health*, p. 241), “The Bible teaches transformation of the body by the renewal of Spirit.” And further on the same page she writes, “We should strive to reach the Horeb height where God is revealed; and the corner-stone of all spiritual building is purity.” More and more, the Christ, Truth, turned my thought away from the body to the real and spiritually perfect, to that which is good. I was healed.

Years later when I became seriously ill with an ailment for which no diagnosis was made, I decided to rely on Christian Science. I asked a dear practitioner to support me. My skin began to peel from head to toe. I was overcome by fear and great weariness. An acquaintance who came to visit me thought I should have a doctor. I held to my decision to rely on Christian Science. My medicine was the beautiful hymns in the *Christian Science Hymnal*, and I read, with inspiration, the religious articles in *The Christian Science Monitor*. Within three weeks new skin had formed, and soon I was able to perform my work again. I can truly join in with the words of Hymn No. 123: “The flame shall not hurt thee; I only design/Thy dross to consume and thy gold to refine.”

I can never be grateful enough for this healing and for all the good my family and I have received through Christian Science. Also I am grateful for the help of practitioners.

I am thankful for membership in The Mother Church and in a group of Christian Scientists, where it is my joy to serve, as well as for the blessing of class instruction. I give all honor to God.

(Mrs.) LINA ITIN-SCHAUB
Diepfingen, Switzerland



Everyone is cordially invited to these free lectures.

‡ Indicates Children's Room available during lectures. Details should be obtained locally.

ENGLAND

EAST SUSSEX—Hastings and St. Leonards-on-Sea: Falaise Hall, White Rock Gardens, Hastings, 7.30 p.m., Mon., Oct. 3.‡ "Responding to the Word of God" (Anwandter)

LONDON—London (First): Chelsea Old Town Hall, King's Rd., 7.30 p.m., Tues., Oct. 4.‡ "Responding to the Word of God" (Anwandter)

London (Ninth): Church, 9-23 Marsham St., Westminster, 3 p.m., Sun., Oct. 2.‡ "Liberation Through Christ" (Anwandter)

London (Eleventh): University of London Union, 1 Malet St., 1.10 p.m., Mon., Sept. 26. "Liberation Through Christ" (Anwandter)

SCOTLAND

LOTHIAN—Edinburgh (First): See local press for place. 8 p.m., Fri., Oct. 7.‡ "Responding to the Word of God" (Anwandter)

STRATHCLYDE—Glasgow (Second): Couper Institute, 86 Clarkston Rd., 8 p.m., Thurs., Oct. 6. "Liberation Through Christ" (Anwandter)

FEDERAL REPUBLIC OF GERMANY

Braunschweig: Freizeit und Bildungszentrum Bürgerpark, 2 Nimesstr., 7.30 p.m., Thurs., Oct. 6. In German. "The Divine Adventure" (Wyndham)

Bückeburg: Rathaus, 2 Bahnhofstr., 7 p.m., Mon., Oct. 3. In German. "The Divine Adventure" (Wyndham)

Kiel: Aula der Kieler Gelehrtschule, 19 Feldstr., 5 p.m., Sat., Oct. 8. In German. "The Divine Adventure" (Wyndham)

INDIA

Bombay: Patkar Hall, New Marine Lines, 6.45 p.m., Tues., Nov. 1. "God's Care for Man" (Heard)

Calcutta: Church, 30 Jawaharlal Nehru Rd., 7 p.m., Sat., Nov. 5.‡ "God's Care for Man" (Heard)

PHILIPPINES

Manila: San Miguel Corp., Auditorium, Ayala Ave., Makati, Rizal, 8 p.m., Fri., Sept. 23.‡ "Mind and Man" (Heard)
Note change of date.

REPUBLIC OF SRI LANKA

Colombo: Dutch Burgher Union Hall, 114 Reid Ave., 6 p.m., Sat., Oct. 22. "God's Care for Man" (Heard)

AUSTRALIA

NEW SOUTH WALES—Bowral: Church, Bowral and Bendooley Sts., 3 p.m., Sun., Oct. 30. "Use Your Spiritual Power" (Henderson)

Manly (Fourth, Sydney): Church, 13 Eustace St., 8 p.m., Mon., Oct. 31. "Justice Under God's Care" (Henderson)

Mosman (Third, Sydney): Church, 615 Military Rd., 8 p.m., Fri., Nov. 4.‡ "Use Your Spiritual Power" (Henderson)

CANADA AND UNITED STATES

(Week of September 18 to 24,
and some earlier dates)

CANADA

MANITOBA—Brandon: Church, 750 Victoria Ave., 3.30 p.m., Sun., Sept. 18. "The Spiritual Basis of Health" (Ferris)

ONTARIO—Ottawa (First): Church, 280 Gilmour St., 8.15 p.m., Mon., Sept. 12.† "Get Your Life in Balance" (Driver)

Windsor: Cleary Auditorium, 201 Riverside Dr., W., 8 p.m., Thurs., Sept. 15. "The Touch of Spirit" (Clarke)

SASKATCHEWAN—Regina: Church, Angus St. and College Ave., 8.30 p.m., Tues., Sept. 20.† "Reality: Matter or Mind?" (Ferris)

UNITED STATES

ALABAMA—Huntsville: Church, 807 Owens Dr., S.E., 3 p.m., Sat., Sept. 17.† "Let My People Go" (White)

ALASKA—Kodiak: Kodiak Electric Auditorium, Marine Way, 8 p.m., Thurs., Sept. 22. "Honesty—The Power of Its Deeper Dimension" (Rennie)

ARIZONA—Sedona: Flicker Shack (Theater), W. Hwy. 89A, 1.30 p.m., Sat., Sept. 24.† "Become What You Are!" (Rogers)

Tempe: High School, Mill and Broadway, 8 p.m., Fri., Sept. 23. "From Hell to Heaven" (Rogers)

COLORADO—Boulder: Mountain View United Methodist Church, 355 Ponca Pl., 8 p.m., Fri., Sept. 23.† "The Power of God" (Rivas)

Denver (Second): Church, E. Bayaud and S. Grant, 8 p.m., Tues., Sept. 20.† "Are You Looking in the Right Direction?" (Rivas)

Fort Collins: Church, 431 Scott Ave. and W. Mulberry, 8 p.m., Thurs., Sept. 22.† "The Power of God" (Rivas)

Littleton: Columbine High School, 6201 S. Pierce St., 8 p.m., Thurs., Sept. 22.† "Become What You Are!" (Rogers)

CONNECTICUT—New Haven: Church, 691 Whitney Ave., 3.30 p.m., Sat., Sept. 24. "No, You're Not Trapped!" (Leever)

Stamford: Church, 655 Stillwater Rd., 8.30 p.m., Thurs., Sept. 22.† "No, You're Not Trapped!" (Leever)

GEORGIA—Atlanta (Fourth): Piedmont Park, 3 p.m., Sun., Sept. 11.† "The Touch of Spirit" (Clarke)

ILLINOIS—Aurora: Church, 522 Garfield Ave., 4 p.m., Sun., Sept. 18.† "A New View of Prophecy" (Thorneloe)

Barrington: Church, 421 E. Main St., 3 p.m., Sun., Sept. 18.† "Mary Baker Eddy's Challenge to Materiality" (Spencer) (Spencer)

Berwyn: Church, 6751 Riverside Dr., 8 p.m., Mon., Sept. 19.† "The Search for Life" (McGrew)

Chicago (Eighth): Church, 112 E. 44th St. and Michigan Ave., 3 p.m., Sun., Sept. 18.† "The Search for Life" (McGrew)

Chicago (Eleventh): Church, 2840 W. Logan Blvd., 3 p.m., Sat., Sept. 17.† "The Healing Method of Christian Science" (Spencer)

Chicago (Seventeenth): Church, 55 E. Wacker Dr., 7.30 p.m., Tues., Sept. 20.† "The Law of Christian Science Healing" (Thorneloe)

Geneva: See local notice for place. 3 p.m., Sun., Sept. 11.† "There's Only One Real Ego" (Correll)

Park Forest: Church, Westwood and Westgate, 8 p.m., Mon., Sept. 19.† "A New View of Prophecy" (Thorneloe)

Quincy: Church, 18th and Vermont Sts., 8 p.m., Thurs., Sept. 22.† "Let My People Go" (White)

Round Lake: See local notice for place and hour. Mon., Sept. 19.† "The Healing Method of Christian Science" (Spencer)

Winnetka: Church, 440 Ridge Ave., 8 p.m., Thurs., Sept. 22.† "A New View of Prophecy" (Thorneloe)

Woodstock: See local notice for place. 8 p.m., Fri., Sept. 23.† "A New View of Prophecy" (Thorneloe)

MASSACHUSETTS—Framingham: Walsh Middle School, Brook St., 8 p.m., Tues., Sept. 20.‡ "Keeping Pace with God" (Plimmer)

Leominster: See local notice for place and hour. Sun., Sept. 18. "The Christian's Best Friend" (Plimmer)

MICHIGAN—Adrian: Lenawee Vo-Tec Ctr., 2345 N. Adrian Hwy. (M-52), 8 p.m., Sat., Sept. 24.‡ "There's Only One Real Ego" (Correll)

Marine City: United Methodist Church, 102 N. Main St., 3 p.m., Sat., Sept. 10.‡ "What It Takes to Heal" (Spencer)

MINNESOTA—Duluth: Church, 902 E. First St., 8 p.m., Mon., Sept. 19.‡ "A New Beginning" (Jenks)

Minneapolis (Seventh): See local notice for place. 8 p.m., Tues., Sept. 20.‡ "Something to Depend On" (Jenks)

Rochester: Public Library, Broadway and First St., S.E., 7.30 p.m., Tues., Sept. 20. "What It Takes to Heal" (Spencer)

MISSOURI—Clayton (Eighth, St. Louis): Shady Oak Theatre, 7630 Forsyth Blvd., 12 m., Tues., Sept. 20. "Let My People Go" (White)

NEBRASKA—Alliance: Church, Tenth and Box Butte, 8 p.m., Mon., Sept. 19. "The Power of God" (Rivas)

Omaha (First): Church, 565 S. 24th St., 3 p.m., Sun., Sept. 18.‡ "Become What You Are!" (Rogers)

NEW HAMPSHIRE—Wolfeboro: Hatch Theater, Railroad Ave., 3 p.m., Sun., Sept. 18. "Get Your Life in Balance" (Driver)

NEW JERSEY—Englewood: St. Paul's Parish Hall, Engle and Church Sts., 8.30 p.m., Fri., Sept. 23.‡ "No, You're Not Trapped!" (Leever)

Red Bank: Church, 211 Broad St., 8.30 p.m., Fri., Sept. 23.‡ "Get Your Life in Balance" (Driver)

NEW YORK—Delmar: Howard Johnson's Motor Lodge, Southern Blvd. and N.Y.S. Thruway, Exit 23, 8 p.m., Tues., Sept. 20. "Get Your Life in Balance" (Driver)

East Aurora: Aurora Theater, 673 Main St., 4 p.m., Sun., Sept. 11. "Get Your Life in Balance" (Driver). Note change of hour.

Glens Falls: Church, Lincoln Ave. and Davis St., 3 p.m., Sun., Sept. 18.‡ "The Life That Is Worth Living" (Henniker-Heaton)

Niagara Falls: Church, Park Pl. and Pine Ave., 3.15 p.m., Sun., Sept. 18.‡ "The Touch of Spirit" (Clarke)

Oneonta: See local notice for place and hour. Tues., Sept. 20.‡ "The Life That Is Worth Living" (Henniker-Heaton)

Patchogue: See local notice for place. 3.30 p.m., Sat., Sept. 24.‡ "Ageless Youth" (Driver)

Port Washington: Church, 2 Beacon Hill Rd., 8.30 p.m., Thurs., Sept. 22.‡ "Go Forth in Safety" (Driver)

Silver Creek: Church, 71 Main St., 8.15 p.m., Tues., Sept. 20.‡ "The Touch of Spirit" (Clarke)

Spencerport: Ogden Presbyterian Church, 2400 S. Union St., 8 p.m., Mon., Sept. 19.‡ "The Touch of Spirit" (Clarke)

Utica: Church, 1608 Genesee St., 8 p.m., Mon., Sept. 19.‡ "The Life That Is Worth Living" (Henniker-Heaton)

Woodstock: Church, 85 Tinker St., 8 p.m., Thurs., Sept. 22.‡ "The Life That Is Worth Living" (Henniker-Heaton)

NORTH DAKOTA—Fargo: Town House Motor Hotel, 12 m., Sat., Sept. 17.‡ "Diana or Christ?" (Aghamalian)

Minot: Ramada Inn, 1505 N. Broadway, 8 p.m., Mon., Sept. 19.‡ "The Spiritual Basis of Health" (Ferris)

OHIO—Akron (Second): Firestone High School, 333 Rampart St., 8 p.m., Thurs., Sept. 22.‡ "There's Only One Real Ego" (Correll)

Bay Village (First, Rocky River): Bay High School, 29230 Wolf Rd., 8 p.m., Mon., Sept. 19.‡ "There's Only One Real Ego" (Correll)

Cleveland (First): Old Stone Church, Public Square, 12.10 p.m., Tues., Sept. 13. "Evil: Its Nature and Demise" (Spencer)

OHIO (continued)

Columbus (Second): Church, 871 N. Park St., nr. First Ave. and High St., 8 p.m., Fri., Sept. 23.‡ "What's Your Greatest Need?" (Alton)

Marion: Church, Church St. and Mt. Vernon Ave., 3 p.m., Sun., Sept. 18.‡ "There's Only One Real Ego" (Correll)

Warren: Church, 500 Vine Ave., N.E., 8 p.m., Thurs., Sept. 22.‡ "Spiritual Abundance Is God's Law" (Alton)

Youngstown (Second): Church, 208 Parkcliff Ave. and Hillman, 8 p.m., Tues., Sept. 20.‡ "There's Only One Real Ego" (Correll)

OKLAHOMA—Ponca City: Church, N. Third and Chestnut Sts., 3 p.m., Sun., Sept. 11. "Diana or Christ?" (Aghamalian)

PENNSYLVANIA—Butler: Community College Amphitheatre, on State Rte. 8—2 miles south of Butler, turn left, 4.30 p.m., Sat., Sept. 24.‡ "The Touch of Spirit" (Clarke)

Erie: Cinema II, Millcreek Mall, 10.30 a.m., Sat., Sept. 24.‡ "The Touch of Spirit" (Clarke)

Greensburg: See local notice for place and hour. Sun., Sept. 18.‡ "No, You're Not Trapped!" (Leever)

Jenkintown: Church, 908 West Ave. and Washington Ln., 11 a.m., Sat., Sept. 24. "The Life That Is Worth Living" (Henniker-Heaton)

SOUTH DAKOTA—Aberdeen: Church, 307 Sixth Ave., S.E., 3 p.m., Sun., Sept. 18.‡ "Diana or Christ?" (Aghamalian)

Watertown: Church, 200 E. Highland Blvd., 8 p.m., Mon., Sept. 19.‡ "The Family of Man" (Rogers)

WISCONSIN—Chippewa Falls: Church, W. Grand Ave. and Pine St., 8 p.m., Sat., Sept. 24. "Mary Baker Eddy's Challenge to Materiality" (Spencer)

Green Bay: Church, Monroe and Cherry Sts., 2.30 p.m., Sat., Sept. 17.‡ "Something to Depend On" (Jenks)

La Crosse: Church, 145 West Ave., S., 8 p.m., Fri., Sept. 23.‡ "Something to Depend On" (Jenks)

Milwaukee (Third): Church, 2915 N. Sherman Blvd., 10 a.m., Sat., Sept. 24.‡ "The Law of Christian Science Healing" (Thorneloe)

Platteville: Church, 200 N. Court, 8 p.m., Sat., Sept. 24.‡ "A New Beginning" (Jenks)

Rhineland: Claridge Motor Inn, 70 N. Stevens St., 8 p.m., Thurs., Sept. 22.‡ "What It Takes to Heal" (Spencer)

Tomah: Church, Oak St., 8.15 p.m., Fri., Sept. 23. "What It Takes to Heal" (Spencer)

Tomahawk: First Congregational Church, 202 N. Fifth St., 3 p.m., Sun., Sept. 18. "A New Beginning" (Jenks)

[These lectures are given by members of the Board of Lectureship of The Mother Church, The First Church of Christ, Scientist, in Boston, Massachusetts, U.S.A.]

TESTIMONY MEETINGS

Meetings at which testimonies of Christian Science healing are given are held in Christian Science churches on Wednesdays. A cordial invitation to attend these meetings, as well as the Sunday services, is extended to all. Information telling where and when these are held is given in the Directory in *The Christian Science Journal*.

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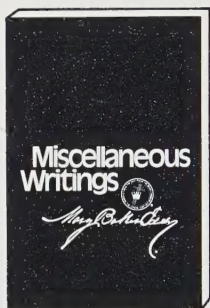
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